

Dear friends,

How did we get to September so quickly? As I reread our last newsletter it sounds like we were still waiting for summer and it definitely feels like autumn to me now. But I actually love autumn – let's hope it lasts a good long time – we're not ready for winter yet.

I've talked about our transport fund in the past and I'm pleased to say we used it to pay for two coaches this summer – one to take us to Bomber Command in Lincoln and the other to take Square Hole Club members to the Nene Valley Railway. Both were a huge success and we got lots of good feedback about going on the coach. It was great to all ride together and we will definitely be looking to organise more trips out by coach. Talking of which we have already booked one but I will leave Danie and Lindsay to tell you all about that. If you have any ideas about where you would like to go, no further away than an hour or so, please let us know.



We're also looking for other ideas – fundraising. If anyone has any ideas of fundraising activities or events, please share them with us and even better, if you would like to help us with them, we'd be very grateful. We're open to any suggestions, silly or serious!!

We included the questionnaire in our last newsletter and I want to thank everyone who has taken the trouble to complete it and either sent it back or given it in at one of the groups. We are really grateful because I think it will help us in the next stage of our Lottery funding application. I am pleased to be able to tell you that we are through to the next stage. Only 20% of applications get this far so now onwards and upwards to the next round which involves lots more forms to be completed by me and Jill, our treasurer (without whom we would be totally lost, so a big shout out for Jill and all she does for our charity). This is where I could do with your help. I really need as many questionnaires back as possible. We will have extra copies at the September groups or if you would rather complete it online give me a ring on 07867 635611 and I will email it to you. Another way of getting it back to us is by scanning it and then emailing it to info@dementiasupportsouthlincs.co.uk. We are also happy to get your answers over the phone. Just let us know what would make it easier for you and thanks again for your help.

Right, I'll leave the rest to Danie and Lindsay who have lots of exciting things to tell you about between now and the end of the year. I hope to see you either at the groups or at one of the upcoming social events but if you would like to talk on the phone to me, Danie or Lindsay, please ring the office on 01778 426756. We don't go in to our office every day but calls can be picked up remotely so we will get back to you as soon as we can. We are happy to come out and see you at home too or meet you somewhere for a coffee. We are here to help so please don't hesitate to get in touch.

See you soon, Kate x

ACTIVITIES COMING UP...

SINGING FOR FUN

Our wonderful singing group continues to be a great opportunity for our members old and new to get together at the Danish Invader (Saxon function room) in Stamford on the First Thursday of each month from 1300 to 1500. Each time we are joined by the amazing Tuneless Choir who lead us through songs from years gone by amongst a few others. A lovely afternoon of fun.

Dates as follows: 3rd October 7th November and 5th December. We look forward to seeing you there.

DEEPING COFFEE AFTERNOON

We meet at the Deeping Community Centre (off Godsey Lane) on the First Tuesday of each month from 13.30 to 15.30. A great afternoon of tea, coffee, biscuits and the odd quiz that is just for fun. We look forward to welcoming members old and new.

Dates as follows: 1st October 5th November and 3rd December.

STAMFORD COFFEE MORNING

We meet at Blackstone's Sports and Social Club (Lincoln Road) on the Third Tuesday of each month from 10am to 1200. We chat over tea, coffee and biscuits. A quiz is always great fun. Looking forward to seeing you there.

Dates as follows: 17th September 15th October 19th November and 17th December.

BOURNE COFFEE MORNING

We meet on the Third Wednesday of each month at Bourne Corn Exchange (opposite Marks and Spencer) from 10am to 1200 Lots of chatter amongst friends old and new and of course a fun quiz.

Dates as follows: 18th September 16th October 20th November and 18th December.

ART FOR ALL

This group is held every Monday from 11am to 1300 from the Baxter Room at Wake House in Bourne. No expectations or judgement, just a relaxed atmosphere amongst all. Tea, Coffee and biscuits are provided throughout. Please contact us if you would like more information.

TAI CHI

Every Wednesday at the Baxter Room in Wake House Bourne from 1400 to 15.30 Mr Ray Pawlett of Ki-Ways in Bourne, guides us through gentle Tai-Chi exercises (standing or sitting whatever your preference) we then finish with a drink and biscuits. If you would like any further information, please contact us.



Social Events

We've got loads going on over the next few months and I hope you're all looking forward to it!

Harvest Lunch

Coming up first, is the Harvest Lunch at the Sugar Mill in Bourne on the 20th September at 12.30 for a 1pm lunch. The price of this is £13 per person. We are aware that this price is higher than what it states on their website, this is because the staff at the Sugar Mill work so incredibly hard and therefore, we include a Tip within your meal price.



The following are your menu choices:

Hunter's Chicken, 4oz Gammon Steak, Scampi and Chips or Vegetable Chilli.

For puddings:

Chocolate Fudge Cake with ice cream, Jam sponge with custard or Ice Cream Sundae.

Please do let us know if you would like to attend along with your menu choices and payment no later than 17th September.

Wicksteed Park

After a successful visit last year to Wicksteed Park for a Christmas Show and Christmas Dinner, we can confirm that we are going back this year on the 4th December 2024 for Twist and Shout! A coach has been organised and menu choices along with how to book, will be in our next Newsletter but make sure it's in your diary!!

Christmas Lunch

We will be back at The Sugar Mill on 13th December at 12.30 for a 1pm lunch. Menu choices will be available closer to the time but a date for your diaries! All will be in the next Newsletter 😊

That's all for now but we hope you are well and look forward to seeing you at some of groups 😊

Lots of love

Danie and Lindsay xxxx

